

CALIFORNIA UNIFIED TAEKWONDO ASSOCIATION



# Korea 2019

July 10th - 24th

## TRIP HIGHLIGHTS

- International Training/Seminar at
  - Chosun University – International Taekwondo Academy
  - Taekwondowon
- Participate in
  - Gwang Ju International Open Taekwondo Championship
  - Chosun University President's Cup (poomsae competition)
- Tour the cities and surrounding areas of Gwang Ju AND Seoul, Korea
- See tentative itinerary for more details

## ORGANIZED BY

California Unified Taekwondo Association (CUTA)

## TRIP COST \$3,300 (all inclusive)

Includes airfare, lodging, meals, training fees, competition registration fees, tours, ground transportation, tax, admission fees, team t-shirts, CUTA baseball cap and Do-bok for students.

\$1,400 Deposit due with Application by March 15

~Confirmation of Trip Participation will be emailed by March 31st~

\$1,000 2nd Installment due by April 2

\$900 Balance due by May 2

\*all payments are non-refundable after confirmation of trip participation

## WHO SHOULD PARTICIPATE?

This is a TRAINING Trip designed to provide a deeper understanding of Taekwondo as an art and sport. Participants should be self-sufficient, open-minded, and physically fit (able to train 4-6 hours a day). There will also be sightseeing and cultural experiences integrated in to give participants a well-rounded Korean immersion experience. Participants must be 10 years of age or older and those under 18 years of age must be accompanied by a parent or a coach (Coach must be USAT Certified).

**TRIP IS LIMITED TO A MAXIMUM OF 100 PARTICIPANTS**

**ONLINE APPLICATION ONLY: [www.catkd.org](http://www.catkd.org)**

**DUE BY MARCH 15th**

# 2019 CUTA Korea Trip – Tentative\* Itinerary

July 10

- Depart USA. Meet at San Francisco Intl Airport (SFO) in front of the Asiana Airlines counter at 8pm.
- Asiana Airlines flight ~11:40pm OR Korean Airlines flight ~11:00pm

July 12

- Arrive @ Incheon Intl Airport ~ 4:00 am & meet outside baggage claim
- Depart Incheon Intl Airport => Arrive in Gwang Ju city (Cho Sun University)
- Arrive ~10am in Gwang Ju city(Cho Sun University)
- Registration & Check-in at the Cho Sun University dorms

July 13-14

- Participate in the 2019 Gwangju International Open TKD Championship - Poomsae and Sparring

July 13 - 21

- Cho Sun University – International Taekwondo Academy Training Program
  - Train with distinguished Grandmasters from Korea, Cho Sun University Team Members and teams from around the world
- Stay at the Cho Sun University dorms
- Site see in Gwang Ju and surrounding area
  - Green tea fields
  - 5.18 National Memorial Park
- Evening training with Cho Sun University TKD Team Members

July 20

- Cho Sun University President Cup Open TKD Championship - Poomsae only

July 21

- Departure Gwang Ju => Arrive at Taekwondowon (Muju)
- Sightsee in Muju & Sunset Hike

July 22-23

- Taekwondowon Training Program
  - Sessions with guest instructors from Korea, Taekwondo Aerobics, Traditional Korean Drumming Class
- Visit Taekwondowon Attractions including National Taekwondo History Museum

July 24

- Depart Muju => Arrive in Seoul
- Visit In sah-dong (cultural & shopping district in Seoul)
- Blue House (Korean White House)
- Depart Korea (Incheon Intl Airport) ~8pm => Arrive USA (SFO) ~2pm

\*Itinerary may change without notice.

## CUTA Korea 2019 Trip Checklist

- Bring your valid, current PASSPORT
- Download Kakao and connect with Trip members and family. International calling card or SIM card information will be provided to you upon arrival in KOREA.
- Attend mandatory trip orientation meeting at the San Francisco Airport, International terminal, Asiana Airlines Counter at 8pm on Wednesday, July 10th.
- Per airline regulations, luggage is limited to one large suitcase (max weight 49.9 lbs) and one carry-on (9.9 lbs).
- Bring a travel adapter & converter for electrical items electric razors, curling irons, phone and camera
- Pack at least two DoBoks, your TKD belt, extra workout clothes, sandals, and a pair of athletic shoes for training.
- Bring along a compact umbrella and comfortable casual clothing for warm-hot, rainy weather. Korean weather at this time of year ranges from 80-95 degrees with high humidity. Bring appropriate rain gear.
- Provide your own personal toiletries, such as toothbrush, toothpaste, shaving cream, razor, shampoo, etc. Make sure to follow airport guidelines when it comes to liquids.
- Community Laundry facility at Chosun University. Bring your own detergent.
- Cash or Travelers Checks are recommended for exchanging US currency for foreign currency. Individual spending money is all that is necessary. Please bring no more than you anticipate spending. There are no additional fees during the trip. DO NOT exchange money on your own; the staff will direct you to where exchange rates are highest.

LIABILITY WAIVER, RELEASE, AND, INDEMNIFICATION AGREEMENT FOR THE TAEKWONDO TOUR/EVENT,  
California Unified Taekwondo Association (CUTA) KOREA 2019.

IN CONSIDERATION FOR THE PRIVILEGE OF PARTICIPATING IN TAEKWONDO TOUR/EVENT, CUTA KOREA 2019, I DO HEREBY ACKNOWLEDGE THAT BECAUSE OF MY PARTICIPATION IN, TRAVELING TO, AND RETURNING FROM SAN FRANCISCO AND KOREA, I MAY SUFFER BODILY INJURY, DEATH, AND OR LOSS OF PROPERTY. I DO HEREBY FOR MYSELF, MY HEIRS, PARENTS, GUARDIANS, EXECUTORS, PERSONAL REPRESENTATIVES, AND ASSIGNS, RELEASE, AQUIT, WAIVE, FOREVER DISCHARGE, HOLD HARMLESS, AND AGREE TO INDEMNIFY THE SPONSOR, THE TAEKWONDO TOUR/EVENT, CUTA KOREA 2019, AND ANY OTHER PERSONS OR ORGANIZATION CONNECTED WITH THE SAME OF, FROM ANY AND ALL LIABILITY, CLAIMS, DEMANDS, COSTS, DAMAGES, ACTIONS, CAUSE OF ACTION OR SUITS OF ANY NATURE OR KIND WHATSOEVER THAT I, MY HEIRS, PARENTS, GUARDIANS, EXECUTORS, PERSONAL REPRESENTATIVES, ASSIGNS OR ADMINISTRATORS MAY NOW OR HEREAFTER HAVE OR CLAIM TO HAVE, ON ACCOUNT OF OR ARISING OUT OF PERSONAL INJURIES, DEATH, AND OR DAMAGE TO MY PERSON OR PROPERTY OR LOSS OF TIME, LOSS OF SERVICE OR FOR EXPENSES INCURRED, OCCURRING TO ME BECAUSE OF OR IN ANY WAY RELATED TO MY TRAINING FOR, MY TRAVELING TO, MY PARTICIPATING IN/AT, AND MY RETURNING FROM SAN FRANCISCO AND KOREA OR THROUGH THE USE OF ANY AND ALL FACILITIES, MEANS OF AIR TRANSPORTATION OR GROUND TRANSPORTATION CONNECTED THEREWITH.

FURTHER, I HEREBY GRANT PERMISSION IN CASE OF INJURY OR EMERGENCY, TO AN ATHLETIC TRAINER AND/OR QUALIFIED MEDICAL STAFF, TO PROVIDE ME WITH NECESSARY MEDICAL ASSISTANCE AND/OR TREATMENT. I DO HEREBY FOR MYSELF, HEIRS, PARENTS, GUARDIANS, EXECUTORS, PERSONAL REPRESENTATIVES, AND ASSIGNS, RELEASE, AQUIT, WAIVE, FOREVER DISCHARGE CUTA COORDINATORS AND ASSOCIATES, THE MANAGER, TRAINER(S), INSTRUCTORS, DOCTORS, AND THEIR REPRESENTATIVES, OFFICERS AND/OR DIRECTORS, OF AND FROM ANY AND ALL LIABILITY, ACTIONS, CLAIMS, DEMAND OR SUITS WHATSOEVER WHICH I MAY NOW OR HEREAFTER HAVE OR CLAIM TO HAVE, ON ACCOUNT OF ANY INJURY OR HARM SUSTAINED AND SUFFERED BY ME IN CONNECTION WITH SAID MEDICAL ASSISTANCE AND/OR TREATMENT.

I CERTIFY THAT MY PHYSICIAN HAS EXAMINED ME AND CERTIFIED THAT I AM IN GOOD PHYSICAL CONDITION AND HAVE NO DISEASE OR INJURY THAT WOULD IMPAIR MY PERFORMANCE OR PHYSICAL CONDITION IN TRAINING OR TRAVELING FOR THE TAEKWONDO TOUR/EVENT, CUTA KOREA 2019. (NOTE: FOR RECENT INJURY PLEASE ATTACH MEDICAL REPORTS TO THIS WAIVER).

I AGREE TO ACCEPT ANY AND ALL FINANCIAL OBLIGATIONS INCURRED AS A RESULT OF ANY AND ALL MEDICAL ASSISTANCE AND/OR TREATMENT AND ANY RELATED EXPENSES PROVIDED IN CONNECTION WITH MY INJURIES WHICH I MAY INCUR WHILE ATTENDING THE TAEKWONDO TOUR/EVENT, CUTA KOREA 2019.

I ALSO CERTIFY THAT I AM FAMILIAR WITH THE RULES AND THE SPORT OF TAE KWON DO. I AM AWARE THAT THERE IS A HIGH RISK OF INJURY BY THE VERY NATURE OF THE SPORT DUE TO THE PHYSICAL CONTACT, AND ASSUME ALL RISKS RELATING TO THE PARTICIPATION IN THE SPORT OF TAEKWONDO AND THE TAEKWONDO TOUR/EVENT, CUTA KOREA 2019.

IF AN ACT OF VANDALISM CAUSES DAMAGE TO PERSONAL AND/OR REAL PROPERTY OF THE FACILITIES, STRUCTURES, BUILDINGS, OR PREMISES UTILIZED BY OR RELATED TO IN ANY WAY TO THE TAEKWONDO TOUR/EVENT, CUTA KOREA 2019, I UNDERSTAND AND AGREE THAT DISCIPLINARY ACTION WILL PROHIBIT MY PARTICIPATION IN THE TAEKWONDO TOUR/EVENT, CUTA KOREA 2019, IF I AM FOUND TO BE INVOLVED WITH ANY ACT OR ACTS OF VANDALISM. FURTHER, I HEREBY AGREE TO PAY FOR ANY AND ALL DAMAGES CAUSED BY ANY ACT OR ACTS OF VANDALISM IN WHICH I PARTICIPATE. I AGREE TO ALLOW SKY MARTIAL ARTS TO USE PHOTOS OF MYSELF TAKEN DURING THE TRIP FOR ANY ADVERTISING. I ACKNOWLEDGE THAT THERE ARE NO REFUNDS.

IT IS FURTHER AGREED, THAT IT IS COMPULSORY AND MANDATORY THAT THIS LIABILITY WAIVER, RELEASE AND INDEMNIFICATION AGREEMENT BE COMPLETED IN FULL AS A PRECEDENT TO THE TAEKWONDO TOUR/EVENT, CUTA KOREA 2019 APPLICATION FORM BEING ACCEPTED. THE COMPLETED LIABILITY WAIVER, RELEASE AND INDEMNIFICATION AGREEMENT IS INCORPORATED BY REFERENCE AS A PART OF THE TAEKWONDO TOUR/EVENT, CUTA KOREA 2019 APPLICATION FORM.

DATE: \_\_\_\_\_ SIGNATURE OF PARTICIPANT: \_\_\_\_\_

PRINT NAME: \_\_\_\_\_

DATE: \_\_\_\_\_ SIGNATURE OF PARENT/GUARDIAN: \_\_\_\_\_

PRINT NAME: \_\_\_\_\_